



# Mentor Coaching Group

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## Who is it for?

- Coaches who are **preparing for an ICF certification at the ACC level**. The program meets ICF mentoring requirements for certification.
- Coaches **who have met ICF requirements for certification** but would like to build competence, confidence and accountability while accumulating client hours
- Coaches who are **working to renew** their ICF certification at the ACC level.

## What is offered?

- **Seven group sessions** of 1.10 hours each (this includes a buffer so that if you need to miss a session due to illness or a scheduling conflict, you are still able to earn the required number of hours). The group will be capped at ten participants.
- **Two one-on-one mentoring sessions** of 90 minutes each (for 3 hours total). You will receive written feedback and oral debrief on *two* recorded coaching sessions (recordings of up to 60 minutes each).

**\*\*\*BONUS:** Two mentors will be conducting the individual sessions, Rekha Hatkanagalekar, MCC, EMCC, and myself (see bios on next page). You will schedule one individual session with each of us to receive individualized feedback from two experienced coaches.

## What will you gain?

### The program will equip you to:

- Understand and prepare for ICF certification/renewal
  - Build confidence and skill to pass the ICF performance evaluation
  - Deepen your understanding and application of the ICF Core Competencies
  - Strengthen your coaching work with clients
- Identify your coaching strengths and areas for development

## When is it offered?

- **Group sessions:** Wednesdays | 12:30–1:40 PM (ET)
- **Dates:** January 14 • February 4 • February 25 • March 18 • April 1 • April 29 • May 20
- **Individual sessions:** scheduled on ongoing basis before June 15th.

**What others are saying:** “Elitza, thank you so much for your thoughtful and detailed summary during the live session, and for the remarkable comprehensiveness of the document you shared. You have a rare ability to distill complex concepts in coaching into clear, accessible, and engaging insights. I feel truly fortunate to have been part of the cohort mentored by you.” Vineeth John, MD.



## Who are the mentors?

### Elitza Ranova, PhD, PCC



As a coach, mentor coach and coaching instructor, I am a humanist at heart. I prioritize human connection and support my mentees to show up as their full selves, including humor, creativity and social responsibility. For me, the ICF Core Competencies are like the rules of music: once we achieve fluence, we can recombine and improvise to offer expansive support to our clients.

My mentees describe my style as open, relational and direct. In my work, I tap into my experience of training, mentoring and assessing hundreds of coaches, including as an ICF assessor since 2019 (this means that I listen to and evaluate recordings submitted by applicants for an ICF credential). I contribute to the profession through volunteering, including as an ICF subject matter expert ( 🎥 Watch my [video](#) on the ICF Core Competency #1).

I look forward to supporting you to take your coaching skills to the next level!

### Rekha Hatkanagalekar, MCC, ESIA



I am a coach, a coach educator, coach mentor and a coach supervisor. Developing coaches is something that is very close to my heart.

As a mentor coach, my focus is on helping you sharpen your coaching skills, improve your coaching competencies and help you become an even better coach.

In the last five years I have trained, mentored and developed more than 100 coaches. As an accredited coach supervisor, I continue to contribute to the continuous development of coaches and their coaching practice.

I also continue to contribute to the coaching profession, including as a subject matter expert in the 2025 ICF Core Competencies Update ( 🎥 Watch my [video](#) on the ICF Core Competency #2)

## Logistics:

- Full Mentor Coaching Program: \$1,450 (Includes group + individual sessions)
- Group-Only Option: \$745
- Registration deadline: December 15th, 2025

To register and for more information, email Elitza: [elitza@elitzaranova.com](mailto:elitza@elitzaranova.com)